



QUOTE of the Month

“Take your time in deciding how to act, and when your decision is made, act with confidence.”

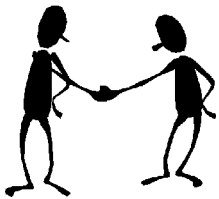
[Bias of Priene, An Ancient Greek Philosopher, 625-540 BCE]

Year 5 (2009-10)

Issue 14

December

A Monthly
Flyer for a
Better
University Life



Editorials

Thanksgiving

“He who brings thanksgiving as his sacrifice honors me.” Psalm 50:23

Merci in French, شكرًا in Arabic, Շնորհակալություն in Armenian, Dank in German and Ringraziamenti in Italian all express gratitude or Thanks in English. As a big fan of etymology, whenever I have to present a subject, I usually refer to the origin and synonyms of the key words to explain the matter at hand. To write about Thanksgiving, therefore, I referred to the AskOxford.com (the compact Oxford dictionary) and Online Etymology Dictionary to help me understand the roots and the meaning of the words Thanks and Thanksgiving. Thanks was explained as a plural noun expressing gratitude, “another way of saying thank you” and Thank was explained as “to give thanks” and to think, feel. Both dictionaries referred to Thanks and Thank as related to Think.

Thanksgiving, on the other hand, was explained as “from *thanks* + *giving*. The noun *thanks* is attested from 1340, from the verb *thank*. In the specific sense of ‘public celebration acknowledging divine favors’ *thanksgiving* dates from 1632 (the first one in America was held in October 1621 by Plymouth Colony pilgrims in appreciation of assistance from members of the Massasoit tribe and celebration of the first harvest)...”

So, we have to think about what God almighty has given us and how His creations in turn assist us. Think about your parents, siblings, friends, instructors and even passersby who give way to your car. November the 26th was the American day of celebrating Thanksgiving this year. Take a break every day and THINK about all the blessings you receive daily and THANK God and those around.

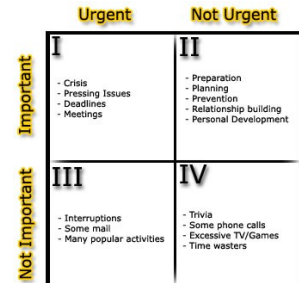
Ms. Sonia Sislian, HU Librarian

MESSAGE of the Month

“A man who dares to waste one hour of life has not discovered the value of life.”

(Charles Darwin, *English naturalist, 1809-1882*)

http://econdelleader.bloghttp://www.cpexecutive.com/cpn/photos/stylus/28242-time_management_matrix.jpg



ANSWER of the Month

What Are the Greek Words Commonly Used in the English Language? [I]

Here is a small sample of the many *Greek* -or of *Greek* origin-words that exist in the *English language*.

English	Greek	English	Greek	English	Greek
Academy	Akadimia	Eccentric	EkKentros	Gastronomy	Gastronomia
Acrobat	Acrovatis	Echo	Icho	Genealogy	Geneologia
Aristocracy	Aristokratia	Eclectic	Eclectikos	Geology	Geologia
Biography	Biographia	Ecology	Oikologia	Geometry	Geometria
Biology	Biologia	Economy	Oikonomia	Geopolitical	Geopolitikos
Blasphemy	Blasphimia	Electrodynamics	Ilectrodinamiki	Grammar	Grammatiki
Catalogue	Catalogos	Emblem	Emblima	Graphic	Ghraphiko
Character	Charactiras	Embryo	Embrio	Gymnastics	Gymnastiki
Charismatic	Charismatikos	Energy	Energia	Gymnasium	Gymnasio
Choreography	Chorographia	Erotic	Eroticos	Gynecology	Gynekeologia
Cosmonaut	Cosmonautis	Esoteric	Esotericos	Harmony	Armonia
Democracy	Dimokratia	Etymology	Etymologia	Hedonism	Idonismos
Dictator	Dictatoras	Euthanasia	Euthanasia	hegemony	Igemonia
Diploma	Diploma	Exodus	Exodos	Helium	Ilio
Dynamic	Dynamicos	Fantasy	Fantasia	Heretic	Airetikos

Source: <http://members.lycos.co.uk/petridis/wordsqr.htm>

WEBSITE of the Month

Mind Tools™
www.mindtools.com

DVD of the Month

Six Degrees Could Change the World
By Ron Bowman, *Director* (National Geographic 2008)

HAIGAZIAN UNIVERSITY

OR Dialog Letter

STORY of the Month

Mother's Sacrifice

Once a poor woman, whose husband died during the civil war in Lebanon in 1976, was left with a little boy. She started working as a maid at different places in order to make a living and teach her son at a school nearby. She ended by cleaning the classes and floors of that same school where her son was studying. Years passed and that young boy graduated from school and entered the Lebanese University to study medicine. The coincidence was that his mother was working at that university too. He was ashamed of his mother's working there and asked her to go and work somewhere else, but she refused. He ignored her in front of his friends and was ashamed even to talk to her. Then came the day when he graduated as a pediatrician and left home telling his mother never ever to see or contact him. He became a famous doctor at AUH.

After several months, the mother heard that her son had had a car accident and became blind. She rushed to the hospital and told the surgeon that she was willing to donate one of her eyes, but she wanted to keep that a secret. The operation was a success; her son was able to see again. The first thing he asked for was to know who donated his eye. After insisting and insisting on the surgeon, they went together to the second room. When he saw his mother in bed with a bandage on her left eye, he rushed to her with tears, knelt on his knees and asked her for forgiveness. The mother embraced him and told him: "Son, get up! I did what every good mother would do. So, remember that and try to act accordingly with people."

The morale of this story is that a good act is never forgotten.

Author: Mr. Elie Shbeir, Instructor of English

OR099-Regular Sessions Survey Results—Fall 2009-2010

Session	SA	A	N	D	SD
The concepts of <i>Advising</i> were explained clearly.	45.4	48.0	6.7	0.0	0.0
The concepts of <i>Studying</i> were explained clearly.	36.1	48.7	12.6	3.0	0.0
The concepts of <i>Research</i> were explained clearly.	34.5	47.0	16.0	1.7	0.8
The concepts of <i>HU Culture</i> were explained clearly.	59.7	35.3	4.2	0.0	0.8
The concepts of <i>ITS</i> were explained clearly.	35.0	37.8	16.8	8.4	1.7
The concepts of <i>Counseling</i> were explained clearly.	69.7	23.5	5.0	0.0	1.7

NB: Numbers in % [SA: Strongly Agree | A: Agree | N: Neutral | D: Disagree | SD: Strongly Disagree]

119 Participants

2 Humanities | 13 Social & Behavioral Sciences | 26 Sciences | 78 Business & Economics

A WORD OF APPRECIATION



Logo 1

The Orientation Director, Dr. Traboulsi, would like to acknowledge and praise the creative work of Mr. Muhammad Haidous (BIO, Class of 2009) for the 2 logos that he has designed. Logo 1 is already being used on *OR Dialog Letter* and Logo 2 will be used on all OR Surveys.



Logo 2

Tips of the Month

"Five clues that you are addicted to Facebook"

by Elizabeth Cohen, CNN Senior Medical Correspondent

<http://edition.cnn.com/2009/HEALTH/04/23/ep.facebook.addict/index.html>

You know you're a Facebook addict when:

1. You lose sleep over Facebook.
2. You spend more than an hour a day on Facebook.
3. You become obsessed with old loves.
4. You ignore work in favor of Facebook.
5. The thought of getting off Facebook leaves you in a cold sweat.

PROVERB of the Month

"To pretend to satisfy one's desires by possession is like using straw to put out fire."

(Chinese Proverb)

MISTAKE of the Month

Angry with (not against): We get angry with (British) / at (American) a person.

YOUTUBE of the Month

What Causes Your Stress? Understanding Stress Management

with

Peter McCarthy, N.D.

Casa de Luz—Center for Integral Studies

BOOK of the Month

The Art of Talking to Anyone

Author: Rosalie Maggio

"Conversation is one of the most decisive factors in our success in business and in life. It's also an art anyone can learn—with the help of a few single tips, guidelines and techniques."

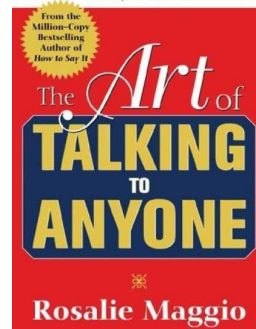
"Nothing reveals more about who you are than what you say. And no book offers practical and easy-to-learn keys to successful conversations like *The Art of Talking to Anyone*."

"Rosalie Maggio is the author of nineteen books, including the million-copy bestseller *How to Say It: Words, Phrases, Sentences, and Paragraphs for Every Situation; Great Letters for Every Situation; and The How to Say It Style Guide*."

(From the Back Cover)

(McGraw-Hill, 2005, ISBN 978-0-07-145229-8)

Essential People Skills for Success
in Any Situation!



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Contents

This essential communication handbook includes:

- Sample dialogues, topics, and responses
- Quick-reference dos and don'ts
- Tips for handling special situations
- Confidence-building advice and quotations
- Key words that get to the business at hand

Whether it's small talk or big, social or work-related, The Art of Talking to Anyone gives you all the tools you need to speak up with confidence, to charm and persuade, and to talk your way through any situation—successfully.

Part One: The Basics

1. How to Succeed in Any Conversation: From Start to Finish
2. How to Be Universally Liked
3. How to Listen Successfully
4. How to Keep a Conversation Going—or Stop One
5. How to Ask and Answer Questions
6. How and When to Tell Jokes
7. How to Deal With Conversational Predicaments
8. How to Be an Unpopular Conversationalist

Part Two: The Specifics

9. Talking Within Anyone in the Workplace
10. Talking With Anyone at Meetings and Conferences
11. Talking With Anyone at Business-Social Events
12. Talking With Anyone at Social Events
13. Talking With Anyone in Public Places
14. Talking With Anyone on the Telephone
15. Talking With Anyone in Times of Trouble
16. Talking With Family and Friends
17. Talking With Romance in Mind