

## **Sima HAMADEH, Ph.D.**

**Associate Professor – Program Coordinator**

**Public Health Nutrition**

**Citizenship: Canadian**

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### **Personal Profile**

- Solid educational background, highly articulate, confident and persuasive team-builder, able to motivate and communicate effectively to achieve sound academic performance.
- Perfection oriented, dynamic, systematic, accurate, and efficient in performing assigned duties and meeting deadlines under pressure.
- Recognized for organizational skills, analytical mind, positive attitude, along with high ethical standards in all work performed.

### **Objective**

A challenging academic position in a reputable institution with major responsibilities, allowing me to share and build upon my multidisciplinary competences and proficiency in the fields of Public Health Nutrition (health and nutrition promotion/education/communication/policies), Food Marketing (strategies and policies), Sports Nutrition, and Nutrition Psychology.

### **Education**

Ph. D. in Nutrition (option: Public Health), University of Montreal, Canada. Title: *Perceptions of different stakeholders to the eventual development of school nutrition policy (Food & Physical Activity) in Lebanese schools*. (Project Summary published in the "Programme news" section of the United Nations, Standard Committee on Nutrition - SCN News No.39, 2011) **(2013)**

The Psychology, Biology and Politics of Foods. Online course. Yale University, USA. **(2009)**

Masters of Science in Nutrition (option: Community Nutrition, Research program), University of Montreal, Canada. **(2008)**

Title: *Evolution of Food and Nutrition: "Chatelaine" magazine case over the decades from 1960 to 1990*.

Certificado de Español como Lengua Extranjera Nivel Superior, Instituto Cervantes, Beirut. **(2004)**

Diploma Basico de Español como Lengua Extranjera (DELE BÁSICO), University of Salamanca, Spain. **(2004)**

Bachelor of Science in Sociology, Lebanese University (UL), Lebanon. **(2001)**

Bachelor of Science in Medical Laboratory, Saint Joseph University (USJ), Lebanon. **(1998)**

### **Professional Experience and Academic Positions**

Nov16-Current

#### **Member of the Editorial Board**

*Intl Journal of Nutrition & Food Management for Children-Australia*

Jan16-Current

#### **Scientific Reviewer (Abstracts and Films)**

*147<sup>th</sup> American Public Health Annual conference-USA*

*(Sections: Nutrition, Physical Activity, Public Health Education & Health Promotion, Health & Media, and Mental Health)*

Aug14-Current	<p><b>Scientific Reviewer (Scientific peer-reviewed papers)</b>  <i>American Journal of Public Health- USA</i>  <i>American Journal of Food Science and Health- USA</i>  <i>Journal of Nutrition Education and Behavior- USA</i>  <i>Intl Journal of Biomedical Engineering and clinical Science- USA</i>  <i>Intl Journal of Preventive Medicine Research- UK</i>  <i>Public Health Journal- UK</i></p>
Feb12-Current	<p><b>Associate Professor- Nutrition &amp; Dietetics Program coordinator (Nutrition courses- B.Sc. program)</b>  <i>Faculty of Health Sciences</i>  <i>Haigazian University - Lebanon</i></p>
Sep12-Current	<p><b>Instructor (Nutrition courses - M.Sc. program)</b>  <i>Nutrition Department</i>  <i>Faculty of Pharmacy</i>  <i>Saint Joseph University - Lebanon</i></p>
Feb13-May13 Oct 08-May12	<p><b>Instructor (Environmental health course - DEA program)</b>  <b>Instructor (Epidemiology course - M.Sc. program)</b>  <i>Nursing Department</i>  <i>Faculty of Public Health</i>  <i>Antonine University - Lebanon</i></p>
Jun-Sept 09 Oct08-Jan09	<p><b>Research Assistant</b>  <i>Clinical Research Unit (CRU)</i>  <i>Faculty of Medicine</i>  <i>American University of Beirut (AUB) - Lebanon</i></p>
Oct 09-May 10	<p><b>Teaching Assistant</b>  <i>Department of Nutrition</i>  <i>Faculty of Medicine</i>  <i>University of Montreal (UdeM) – Canada</i></p>
Mar-Oct 05 <ul style="list-style-type: none"> <li>▪ May- October 05</li> <li>▪ March &amp; April 05</li> </ul>	<p><b>Medical Representative (Promotion of medical laboratory tests)</b>  <b>Assistant Sales Manager (Medical laboratory tests &amp; equipment)</b>  <i>Bigamed - Lebanon</i></p>
May 99-Sept 04	<p><b>Medical Representative (Promotion of medical laboratory tests)</b>  <i>Middle East Africa Trading Organization (MEATO SARL) - Lebanon</i></p>
Nov 2002-Apr 2003	<p><b>Monitor (Social study on Reproductive Health)</b>  <i>Environmental Health Department</i>  <i>Faculty of Health Sciences (FHS)</i>  <i>AUB – Lebanon</i></p>
Jan 1996-Aug1999	<p><b>Medical Laboratory Specialist (Blood Bank &amp; medical laboratories)</b>  <i>Hôtel Dieu de France (HDF) Hospital – Lebanon</i>  <i>Saint Joseph University - Lebanon</i></p>

## Awards and Honors

- **Awarded** the “Best Paper” for the outstanding research “*Food marketing, Media, Interactive Communication and Consumer Behavior: Smart Food Policies Model in the Digital Age*” from the Al Falah University at TASK International Conference 2019. Dubai, UAE. May 2019.
- **Awarded** the “Prix d’Excellence Scientifique Franco-Libanais 2015” for the outstanding research project “*Perceptions of different stakeholders to the development of an eventual school nutrition policy (Food & Physical Activity) in Lebanon*” from the Société des Membres de la Légion d’Honneur au Liban & the French Embassy in Lebanon. Beirut, Lebanon. May 2015.
- **Recipient of a congratulation letter (Celebrating Leadership en route to Vision 2020)** from Dietitians of Canada Board of Directors for the oral communication at the “Dietitians of Canada national conference 2010”. Hyatt Regency. Montreal, Canada. 27 to 29 May 2010.
- **Recipient of the “2009 Highly Commended Award of Emerald Literati Network** for the paper *Food motivation: Content analysis of Chatelaine women's magazine published in Nutrition & Food Science Journal; vol,38(1), 2008* ” at the “Health Achieve 2009 Conference: Inspiring ideas and Innovation”. Award presented by Jennifer Bowerman (Co-editor) at the Press office of the convention, Toronto, Canada. November 17, 2009.
- **Recipient of a bursary** from National Public Health Institute of Quebec (NPHIQ) to attend the “13<sup>th</sup> annual days of Public Health” symposium organized by “Journées Annuelles de Santé Publique-JASP”. Hotel Fairmont Le Reine Elizabeth, Montreal, Canada. 9 to 12 March, 2009.
- **Awarded** the “Emerald Literati Network Awards for Excellence 2009” - as Highly Commended Award Winner - for the article entitled Food motivation: Content analysis of Chatelaine women's magazine published in Nutrition & Food Science Journal; vol,38(1). February 2008.
- **Recipient of a bursary** from National Public Health Institute of Quebec (NPHIQ) to attend the “10<sup>th</sup> annual days of Public Health” symposium organized by “Journées Annuelles de Santé Publique-JASP”. Palais des Congres, Montreal, Canada. 23 to 27 October, 2006.

## Certificates, Exams and Licensures

- **Certificates** for Chairing and presenting in the “7<sup>th</sup> International Conference on Nutrition, Food Science and Technology” presented by Allied Academies. Sheraton Hotel. London-UK. March 7-9, 2019.
- **Certificates** for Co-Chairing and presenting in the “17<sup>th</sup> World Congress on Nutrition and Food Chemistry 2018” presented by Conference series LLC Ltd. Holiday Inn Hotel. London-UK. Sept 13-15, 2018.
- **Certificate** for participating in the “143<sup>rd</sup> Annual meeting of Public Health” presented by the American Public Health Association. McCormick Place Convention Center. Chicago-USA. Oct 31-Nov 4, 2015.
- **Certificate** for participating as a speaker at the “4<sup>th</sup> Annual Middle East Congress on Clinical Nutrition” presented by the American Society for Nutrition in the Middle East. Kempinski Hotel. Ajman-UAE. March 7, 2015.
- **Certificate** for participating as a speaker in the “Nutrition and Food day-Trends and Challenges in the Middle East” presented by the Lebanese American University. School of Arts and Sciences, Beirut, Lebanon. April 25, 2014.
- **CME/CPD Certificate** for participating in the “2<sup>nd</sup> International conference on Nutrition and Growth”. Center Convencions Internacional Barcelona (CCIB). Barcelona, Spain. Jan 30 – Feb 1, 2014.
- **Certificate** for participating as a speaker in the “1<sup>st</sup> Nutrition conference of the Lebanese University-Mediterranean Diet: from scientific evidence to health protection” presented by the Lebanese University. Faculty of Sciences, Fanar, Lebanon. January 31<sup>st</sup> – February 2<sup>nd</sup>, 2013.
- **CME Certificate** for attending the “11<sup>th</sup> annual conference of the Lebanese Society of Family Medicine-Non communicable diseases: from prevention to rehabilitation” presented by the American Academy of Family Physicians. Crown Plaza Hotel, Beirut, Lebanon. October 5-7, 2012.
- **Certificate** for attending the “WHO First Regional Training on Planning for Effective Communication Strategies to improve Nutrition Programmes” presented by the Regional Office for the Eastern Mediterranean (EMRO). Golden Tulip Serenada Hotel, Beirut, Lebanon. December 19-23, 2010.

- **Certificate** for attending “A whole Grain of nutritional wisdom” scientific forum presented by international speakers. Le Marché Bonsecours, Montreal, Canada. May 2010.
- **Certificate** for attending the “13<sup>th</sup> annual days of Public Health” symposium organized by “Journées Annuelles de Santé Publique-JASP”. Hotel Fairmont Le Reine Elizabeth, Montreal, Canada. March 9-12, 2010.
- **Certificate** for attending “Healthy Heart: exercise, food and cardiovascular prevention” conference presented by Martin Juneau M.D. in the 4<sup>th</sup> edition of Medicine for all. University of Montreal, Montreal, Canada. March 2009.
- **Certificate** for participating in the training workshop “Communications/ Media Crisis Management Workshop for Health Professionals” organized by Health Education Resource Unit (HERU) at the Faculty of Health Sciences in collaboration with the Journalism Training Program, Regional External Programs (REP) at the AUB. AUB, Beirut, Lebanon. March 3-5, 2008.
- **Certificate** for attending “The gluten-free diet...dietitians need to know about it!” conference presented by Suzanne Simpson RD. McGill University, Montreal, Canada. October 2007.
- **Certificate** for participating in “Practices in Community Health” round table and for attending the “10 annual days of Public Health” symposium organized by “Journées Annuelles de Santé Publique-JASP”. Palais des Congrès, Montréal. October 23-27, 2006.

### Peer Reviewed Journal Articles and Abstract Presentations

- **Hamadeh, S.** *The social psychology of food and body image: Exploring new dimensions in public health policies in MENA.* *Acta Scientific Nutritional Health Journal- Special Review Issue 1.* September 2019.
- **Hamadeh, S. (First Author), Marquis, M and Estepan S.** of the article: *Ten-point vision strategies to offer a menu of options to promote healthy eating and active living in Lebanon: Between facts and stories.* *Clinical Journal of Nutrition and Dietetics; vol2 (1).* January 2019.
- **Hamadeh, S. (First Author) and Marquis, M. (2<sup>nd</sup> Author)** of the article: *Linked models and theories: A Tool for School nutrition Policies development.* *British Food Journal-Special Issue: “Food Policy and Ethics: Foundational thinking for the 21<sup>st</sup> century Food System”.* <https://doi.org/10.1108/BFJ-10-2017-0592>. October 2018.
- **Hamadeh, S. (First Author) and Estepan, S. (2<sup>nd</sup> Author)** of the article: *The visual discourse of food and its impact on health.* *Acta Scientific Nutritional Health Journal vol.2(6).* May 2018.
- **Hamadeh, S. (First Author) and Marquis, M. (2<sup>nd</sup> Author)** of the article: *School Nutrition Policies in Lebanon: shared and complementary perspectives of key stakeholder.* *Clinical Journal of Nutrition and Dietetics; vol.1 (1).* May 2018.
- **Hamadeh, S.** *Nutrition Education: Between yesterday, today and tomorrow.* *EC Nutrition; vol.13(5).* April 2018.
- Author and speaker of: *Mental Health in MENA: Exploring New Dimensions in Public Health Policies* at the “49<sup>th</sup> Middle East Medical Assembly-MEMA annual conference”. American University of Beirut. Beirut. 19 to 22 April 2018.
- Author and speaker of: *School Nutrition Policies, Nutrition Economics and Food Politics: A Need of Redirection “Opportunities for the Arab World”* accepted at the *Gulf Obesity Summit and Regional Congress 2018: Achieving the UN targets by 2025 (GRCO 2018).* ADNEC National Exhibition Center. Abu Dhabi-UAE. 19 to 20 April 2018.
- **Hamadeh, S.** *Food, physical Activity and Mental Health: A call for Action.* *Hospital & Healthcare Management Global; January 2018.* <http://www.hhmglobal.com/knowledge-bank/articles/food-physical-activity-and-mental-health-a-call-for-action>
- **Hamadeh, S.** *Healthy lifestyles in the Arab world: between Nutrition Economics and Food Politics.* *Journal of Clinical Nutrition and Metabolism; November 2017.*
- **Hamadeh, S.** *Digital Food Marketing: What we know, what we should know?* *British Journal of marketing Studies; vol.5(8).* October 2017.

- **Hamadeh, S.** *Nutrition and Physical Activity Communication in the 21<sup>st</sup> Century: Challenges and Opportunities*. *EC Nutrition*; vol.11(2).October 2017. **Abstract also published in *J Nutr Food Sci 2017, 7:4 (Suppl)*.**
- **Hamadeh, S. (First Author) and Marquis, M.** *Upstream Vision of Cues-To-Action for Nutrition and Physical activity Promotion among youth: Moving from Research to Action?* Poster session presented at: 4<sup>th</sup> International Conference on Nutrition and Growth; 2017 March 2-4; Amsterdam, Netherlands.
- **Hamadeh, S. (First Author) and Marquis, M. (2<sup>nd</sup> Author)** of the article: *Impact of Socioeconomic and Social Contexts on Youth Perceptions of School Nutrition Policy Development in Lebanon*. *Journal of Nutrition & Health Sciences*, vol.4 (Issue1), 2017.
- **Hamadeh, S. (First Author) and Marquis, M.** *School Nutrition Policy Determinants: Are youth and adults' perception the answer? Evidence from Lebanon*. Poster session presented at: 3<sup>rd</sup> International Conference on Nutrition and Growth; 2016 March 17-19; Vienna, Austria.
- **Sima Hamadeh and Hafez Elzein.** Authors of chapter 8: *"Epidemiology of Obesity in Children and Adolescents. Prevalence and Aetiology: Middle East and North Africa (MENA) Countries"*. *Epidemiology of Obesity in Children and Adolescents (Book I of II) - Prevalence and Aetiology*. Springer Book (2011).
- Author and speaker of: *Socio-cultural determinants of food choice motivations in Quebec (1960-1990)* at the "Dietitians of Canada national conference 2010". Hyatt Regency. Montreal. 27 to 29 May 2010. (Published in the online version of the Journal of Dietetic Practice and Research. Fall 2010)
- Author and speaker of: *Food, Media and women's role in the food choice motivations* at the "Acfas 78th annual conference". University of Montreal. Montreal. 10 to 14 May 2010.
- Author of the article: *Women as gatekeepers of family food consumption*. "Cornucopia"- *Dietitians of Canada Newsletter*; vol.3, Issue1. November 2009.
- **Hamadeh, S. (First Author) and Marquis, M. (2<sup>nd</sup> Author)** of the article: *Food Motivation: Content analysis of "Chatelaine" women's magazine*. *Nutrition and Food Science Journal*; vol.38(1). February 2008.
- Author and speaker of: *Evolution of food and nutrition in Quebec during 4 decades (1960-1990) and influence of socio-cultural factors* at the "Acfas 75<sup>th</sup> annual conference": University of Quebec. Trois Rivières. 7 to 11 May 2007.

## Teaching

- **Nutrition B.Sc. classes (Haigazian University):** Community Nutrition (Spring 2013-current); Food & Nutrition Awareness (Fall 2013-current); Special Topics in Nutrition (Fall 2012-current); Nutrition & Food Sciences Seminar (Spring 2012-current); Food & Beverages Management (Fall 2012- current); Basic Nutrition (Spring 2013-current); Human Nutrition (Fall 2012-current); Nutrition in the lifecycle course (Spring 2012-current); Nutrition Assessment (Fall 2013-14); Sports Nutrition (Spring 2017).
- **Nutrition M.Sc. classes (Saint Joseph University):** The eater and its environment (Fall 2012-current); Nutritional Epidemiology (Fall 2012-current); Nutrition Communication & Media (Spring 2013-2016).
- **Public Health M.Sc classes (American University of Beirut):** Supervising and guiding Public Health M.Sc. students-Outreach program in their internships at Ajjalouna Organization (Academic years 2011/12-2012/13).
- **Nursing M.Sc. & DEA classes (Antonine University):** Epidemiology course (Spring 2012, Fall & Summer 2010, Summer 2009, Fall 2008); Environmental Health course (Spring 2013).

## Research Project Supervised

### 1) Projects and presentations at "Numed s.a.r.l" (2015-17)

- **Supervisor** for 4 B.Sc. Nutrition students' project and **Jury Member** at the "Inter-universities Nutrition Educational Tool Contest" organized by Numed s.a.r.l. Beirut, Lebanon. Fall 2015-Spring 2016.

- **Jury member** at the “Inter-universities Nutrition Educational Tool Contest” organized by Numed s.a.r.l. Beirut, Lebanon. (Contests of 2016, 2017 and 2019).
- 2) Projects and presentations at the “Ministry of Economy and Trade” (2014)**
  - **Supervisor** for 4 B.Sc. students in 2 research projects at the “Inter-universities competition: Innovation in food control” organized by the Ministry of Economy and Trade. Beirut, Lebanon. Fall 2014.
- 3) Projects and presentations at the “Saint Joseph University” (2013)**
  - **Supervisor and research judge** for 2 M.Sc. students’ final research project at the “Nutrition Seminar” organized by the Department of Nutrition. Saint Joseph University, Beirut, Lebanon. Spring 2013.
- 4) M.Sc. thesis and defense presentations at the “Kaslik University” (2012-13)**
  - **Jury Member and external scientific reader** for 3 M.Sc. students’ thesis at the “Faculty of Agriculture and Food Sciences”. University of Saint-Esprit de Kaslik, Kesrwan, Lebanon. Spring 2012 & 13.
- 5) Presentations at « Société pour la Promotion de la Science et de la Technologie (SPST) and Genome Quebec » (2009-2010)**
  - **Research judge** for 10 Canadian students’ science & technology research projects at the “14<sup>th</sup> edition of Sanofi-Aventis BioTalent Challenge 2010” organized by SPST and Genome Quebec. Montreal, Canada. March 2010.
  - **Research judge** for 6 Canadian students’ science & technology research projects at the “13<sup>th</sup> edition of Sanofi-Aventis BioTalent Challenge 2009” organized by SPST and Genome Quebec. Montreal, Canada. April 2009.

#### Invited lectures

- Author and **Keynote Speaker** of: *“The Global Food Technology Battle for Mouths, Minds and Markets”* at the 18<sup>th</sup> World Congress on Nutrition and Food Chemistry 2019. Copenhagen-Denmark. September 2019.
- Author and Speaker of: *“Food Marketing, Media, Interactive Communication and Consumer Behavior: Smart Food Policies Model in the Digital Age”* at the 3<sup>rd</sup> AFU International Conference: Towards Advanced Knowledge (TASK3-2019) in Business Sciences. Dubai-UAE. May 2019.
- Author and **Keynote Speaker** of: *Nutri-Food Technology and the making of Modern Consumer Culture* at the 7<sup>th</sup> International Conference on Nutrition, Food Science and Technology. Renaissance Hotel. London-UK. March 2019.
- Author and speaker of: *Effects of Interactive Food and Beverages Marketing Targeting Youth: Recommendations for Responsible Food Marketing in the Digital Age* at the 4<sup>th</sup> Dubai Nutrition Conference. Intercontinental Dubai Festival City Hotel. Dubai-UAE. October 2018.
- Author and speaker of: *The Social Psychology of Food and Body Image: Exploring New Dimensions in Public Health Policies in MENA* at the 4<sup>th</sup> Dubai Nutrition Conference. Intercontinental Dubai Festival City Hotel. Dubai-UAE. October 2018.
- Author and speaker of: *“Smart food policies for promoting healthy lifestyle among children and adolescents”* at the 17<sup>th</sup> World Congress on Nutrition and Food Chemistry 2018. Holiday Inn Hotel. London-UK. September 2018.
- Author and speaker of: *“Ten-point vision strategies to offer a menu of options to promote healthy eating & active living in Lebanon”* at the International Conference on Family Medicine & Family Physicians. Park Inn by Radisson Hotel. Toronto-Canada. October 2017.
- Author and speaker of: *“Culture, Food Communication and School Nutrition Policies: A Portfolio for Improving Youth Dietary Patterns - Case of Beirut City”* at the 16<sup>th</sup> World Congress on Nutrition and Food Chemistry 2017: A joint event with the 13<sup>th</sup> Euro Obesity & Endocrinology Congress. Hilton Hotel. Zurich-Switzerland. September 2017. **Abstract published in J Nutr Food Sci 2017,7:5 (Suppl)**
- Author and speaker of: *Nutrition and Physical Activity Communication in the 21<sup>st</sup> Century: Challenges and Opportunities* at the 10<sup>th</sup> World Congress on Nutrition & Food Sciences. Hyatt Regency Hotel. Osaka-Japan. May 2017.

- Author and speaker of: *Digital Food Marketing: What We Know, What We Should Know* at the Lebanese Conference on Information Systems 2017-New York/Beirut. Lebanese American University, Lebanon. April 2017.
- Author and speaker of: *Designing School Nutrition Policies: Perceptions, Complexities and Objective measures. "Evidence from Lebanon"* at the 2<sup>nd</sup> Dubai Nutrition Conference. Intercontinental Dubai Festival City Hotel. Dubai-UAE. November 2016.
- Author and speaker of: *Communicating Messages about Nutrition and Physical Activity: What strategies are most effective? "Evidence from Lebanon"* at the 2<sup>nd</sup> Dubai Nutrition Conference. Intercontinental Dubai Festival City Hotel. Dubai-UAE. November 2016.
- Author and speaker of: *Competitive tool for the development of School Nutrition Policies: Old concepts, new insights, new questions – Evidence from Lebanon* at the 4<sup>th</sup> Annual Middle East Congress on Clinical Nutrition. Kempinski Hotel. Ajman-UAE. March 2015.
- Author and speaker of: *School health policies in Lebanon: how can we get there?* at the Canadian Public Health Association annual conference- Public Health 2014". Sheraton Center. Toronto. May 2014.
- Author and speaker of: *Nutrition policies at schools: Opportunities & challenges in Lebanon* at the "Nutrition and Food Research day: Trends and challenges in the Middle East – Symposium organized by the Department of Natural Sciences-Nutrition program at LAU". Lebanese American University, Lebanon. April 2014.
- Author and speaker of: *Role of politics in nutrition legislation: Can public strategies be developed?* at the "Mediterranean Diet: From scientific evidence to health protection- 1<sup>st</sup> Nutrition conference of the Lebanese University". Lebanese University, Lebanon. February 2013.
- Author and speaker of: *Perceptions of different stakeholders to the eventual policy of school health promotion in Lebanon* at the "Nutrition Seminar-Faculty of Agriculture and Food Sciences". University of Saint-Esprit de Kaslik, Lebanon. April 2012.
- Selected author and speaker for 2 years (2009/10 & 2010/11) of: *Health, it begins in our plate!* at the continuous yearly program « Innovators in schools and in libraries » for Nutrition education at Montreal schools.
- Author and speaker of: *We are what we eat!* at the "Discovery in Health Sciences journey with the collaboration of the Canadian Medical Hall of Fame". University of Montreal, Montreal. May 2009.
- Speaker and interviewee at the *Experts in Science* at the "Discovery in Health Sciences journey- Canadian Medical Hall of Fame". University of Montreal, Montreal. May 2009.
- Author and speaker of: *Healthy Lifestyle and Food Habits* at the "Sensibilisation aux Études Universitaires et à la Recherche- SEUR project at schools". Louis Riel School, Montreal. February 2009.
- Author and speaker of: *Diets: Between Myths and Facts* at the "United Nations Relief and Works Agency for Palestine Refugees in the Near East-UNRWA". UNRWA, Beirut. April 2008.

## Services

### 1) Committees

- **Member of the Organizing Committee (Chair, Keynote Speaker and moderator)** for the 18<sup>th</sup> World Congress on Nutrition and Food Chemistry, Copenhagen- September 2019. Invited as an honorable member by the Scientific Organizer Committee of the Congress.
- **Member of the Organizing Committee (Co-chair, Keynote Speaker and Moderator)** for the 7<sup>th</sup> International Conference on Nutrition, Food Science and Technology, London- March 2019. Invited as an honorable member by the Scientific Organizer Committee of the Congress.
- **Member of the National Committee** for the School Health Initiative and the development of comprehensive school assessment guidelines, Beirut- September 2018. Invited as a school health key actor in Lebanon by the World Health Organization- EMRO office in Lebanon.

- **Member of the Organizing Committee (Co-chair and moderator)** for the 17<sup>th</sup> World Congress on Nutrition and Food Chemistry, London- September 2018. Invited as an honorable member by the Scientific Organizer Committee of the Congress.
- **Member of the Organizing Committee** for the World Obesity Congress, Japan- July 2018. Invited as an honorable member by the Nutrition Scientific Organizer of the Congress.
- **Member of the Organizing Committee** for IBDA 2018, Lebanon- April 2018. Invited as organizing member and jury member by Nature Conservation Center at AUB and the UN-Global Compact Network in Lebanon "UN-GCNL"
- **Organizer and Coordinator** of the 1<sup>st</sup> & 2<sup>nd</sup> Inter-Universities Nutrition Impact Poster Competition, Lebanon- December 2017 & November 2018.
- **Member of the American Public Health Annual conference reviewer committee** for all submitters of Nutrition, Physical Activity, and Public Health Education and Health Promotion abstracts and films at American Public Health Association, USA as of January 2016.
- **Member of the Nutrition Scientific Committee** for the 2<sup>nd</sup> Nutrition Conference at the Lebanese American University, Lebanon- March 2016.
- **Member of the National Nutrition evaluation committee** for all graduate B.S Nutrition students (Nutrition Colloquium: evaluation and examination) at Ministry of Higher Education, Lebanon as of March 2015.
- **Member of the Master evaluation committee** for Master thesis in Nutrition (option: Community & Public Health Nutrition) at University of Saint-Esprit de Kaslik, Lebanon. June 2012 & 13.
- **Member of the scientific committee** of the "14<sup>th</sup> edition of Sanofi-Aventis Bio Talent Challenge 2010". Society for Promotion of Science and Technology (SPST), Montreal, Canada. November 10, 2009.
- **Representative of the Nutrition section** in the program "Innovators in schools and in libraries" at Montreal region for 2 editions: Edition 2009-2010 and Edition 2010-2011.

## 2) Scientific and Medical Society Memberships

- **Member of the Editorial Board of "International Journal of Nutrition and Food Management for Children (IJNFC)"** as of November 2016.
- **Member of "American Public Health Association (APHA)"** as of June 2015.
- **Member of "Canadian Nutrition Society (CNS)"** as of May 2010.
- **Member of "Société Québécoise de Lipidologie, de Nutrition et de Métabolisme (SQLNM)"** as of February 2010.
- **Member of "Canadian Obesity Network (CON)"** as of January 2010.
- **Member of "Dietitians of Canada (DC)"**: April 2009-April 2010.
- **Member of "Association Francophone pour le Savoir (Acfas)"** as of November 2006.

## Other Skills

- Languages: proficient in **Arabic, French, English, and Spanish.**
- Computer Knowledge: MS package and internet.
- Analysis programs: SPSS, Nvivo
- Bibliography Programs: EndNote, Procite, Refworks.

## Interests

Reading, research, sports, traveling.

## References

Available upon request.